

MANCHESTER C.O.A. EVENTS & TRIPS

JANUARY:

- 1/5 Malls 10:00
- 1/8 Low Vision Meeting @ The Plains 1:00
- 1/10 Lunch at The Mandarin in Danvers 11:00
- 1/12 Trader Joe's, Burlington Coat Factory, T.J. Maxx 10:00
- 1/15 C.O.A. office/Town Hall Closed-observance of MLK day
- 1/16 Zumba resumes @ The Chapel 10:00
- 1/17 Movie Day @ AMC Theater Liberty Tree Mall 10:00
- 1/19 Walmart 10:00
- 1/23 Lunch of the Month @ The Chapel 12:15 \$8
- 1/24 Cosmetology Lab @ North Shore Community College 10:00
- 1/31 Mystery Ride 1:00

FEBRUARY:

- 2/2 Christmas Tree Shops 10:00
- 2/6 Lunch at The Black Cat Café @ Salem High School 10:45 \$6.50 +Tip
- 2/9 Malls 10:00

Call the C.O.A. for more information or to register (978) 526-7500

MONTHLY MALL SHOPPING
ZUMBA – TUESDAY @ THE CHAPEL
FOOD SHOPPING - THURSDAY
YOGA - WEDNESDAY
LONGEVITY TRAINING - FRIDAY