



## MANCHESTER C.O.A. EVENTS & TRIPS

### JANUARY:

- 1/1 C.O.A Office and Town Hall closed for New Year's Day
- 1/4 Ocean State Job Lots 10:00
- 1/9 Movie @ AMC Theater @ Liberty Tree Mall 10:00 \$5.99
- 1/11 Malls 10:00
- 1/14 Low Vision Meeting @ The Plains 1:00
- 1/15 Zumba resumes @ The Chapel 10:00
- 1/16 Coffee with Police Officer Andrea Locke @ The Plains 10:00
- 1/18 Trader Joe's 10:00
- 1/21 C.O.A Office and Town Hall closed for Martin Luther King Jr. Day
- 1/23 Lunch @ Black Cat Café 10:45 \$7+tip
- 1/25 Walmart 10:00
- 1/28 Lunch of the Month @ The Chapel 12:15 \$8
- 1/30 Mystery Ride 1:00

### FEBRUARY:

- 2/1 Christmas Tree Shops 10:00

**Call the C.O.A. for more information or to register (978) 526-7500**

MONTHLY MALL SHOPPING  
ZUMBA – TUESDAY @ THE CHAPEL  
FOOD SHOPPING - THURSDAY  
YOGA - WEDNESDAY  
LONGEVITY TRAINING - FRIDAY