



February 10, 2021  
Town of Manchester-by-the-Sea  
Manchester Board of Health  
COVID-19 Community Update

## *Town of Manchester-by-the-Sea COVID-19 Updates*

### COVID-19 UPDATE

**Manchester Total Positive Case Number (to date) as of Wednesday, February 10, 2021: 183**

**Active Cases: 4**

*(Last week's COVID-19 numbers reported on 2/3/21: Total cases – 178, Active cases – 6)*

The Massachusetts Department of Public Health has instructed all local boards of health with populations less than 10,000 to only report total positive cases: "In order to protect privacy and confidentiality of individuals who test positive for COVID-19. We understand that many boards of health find value in sharing community-specific data as part of a risk communication plan and to keep the public informed about the scope of the local public health effort. If you choose to share numbers of cases for these purposes, please do so with the highest regard for privacy and confidentiality by not including any information other than the case count."

Each **Wednesday** the Board of Health will release an update on COVID-19 in Manchester-by-the-Sea.

### BOARD OF HEALTH UPDATE

**Don't Rock the Boat! Our numbers are heading in the right direction, keep up the good work. Wear a face covering, stick with your own household, practice social distancing, stay home if you are sick and get tested.**

**Violations as of 2/10/21:** The Board of Health and Manchester Police have not issued any new violations in the past week.

**COVID-19 Testing:** [COVID-19 Testing Site Locator](#), [Stop the Spread Sites](#), [COVID-19 Dashboard](#)

Please continue to practice the following preventive actions for COVID-19:

- Avoid indoor gatherings.
- Avoid gathering with non-household members.
- Wash your hands frequently and use hand sanitizer.
- Wear face masks when in public places/spaces, at any distance.
- If you do not feel well, stay home except to get COVID-19 tested.
- If you think you have been exposed, isolate at home, until you get tested.
- If you test positive or have been exposed to someone who has tested positive, please answer the phone call from the Board of Health to receive guidance and complete contact tracing.
- Follow the guidelines of [www.mass.gov](http://www.mass.gov), [www.cdc.gov](http://www.cdc.gov), and [www.manchester.ma.us](http://www.manchester.ma.us)

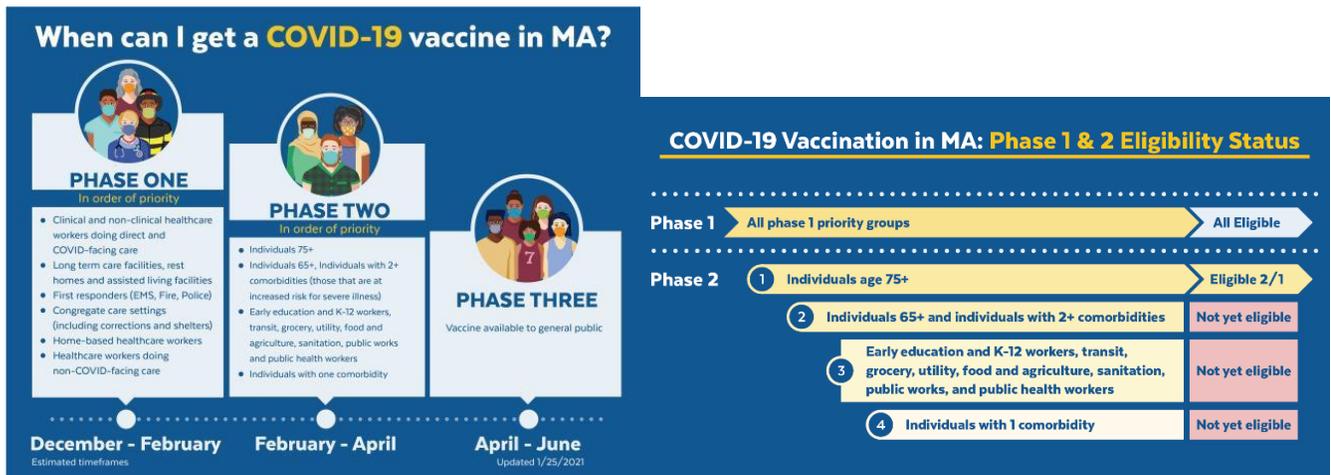
If you have further questions for the Board of Health, please contact Ellen Lufkin at [lufkine@manchester.ma.us](mailto:lufkine@manchester.ma.us).



## NEW MANCHESTER-BY-THE-SEA COMMUNITY UPDATES

- **NEW! Town Hall will be closed on Monday, February 15 in observance of Presidents Day. All trash collection will operate on a one-day delay.**
- **NEW! Manchester Vaccine Clinic for Residents 75+:** A vaccine clinic for Manchester residents over the age of 75 will be held on Saturday, February 13 from 12 PM to 4 PM at Sacred Heart Parish Hall. Registration closes on Friday, February 12 at 2 PM. Please click [here](#) to register.
- **NEW! Eligibility for 75+ Caregivers:** Today, Governor Baker announced that one caregiver per each 75+ attendee may attend the MA mass vaccination clinics only starting on Thursday, February 11. Pre-registration is required. Unfortunately, this does not apply to the Manchester clinic on 2/13. [MA Companion Information](#)
- **NEW! 40B Workshop:** The next 40B Meeting will be held on Thursday, February 11 at 6:30 p.m. to discuss the proposed 40B project. Meeting details, agenda, FAQ, project application and past recordings can be found [here](#).
- **NEW! Route 128 Exit Signs:** MassDOT is converting all exit numbers on freeways to a milepost-based numbering system, per Federal Highway Administration (FHWA) requirement. This week, Exit 15 (*School Street*) will become Exit 50 and Exit 16 (*Pine Street*) will become Exit 49.
- **NEW! MBTA Public Meetings Regarding Changes to Commuter Rail Schedule:** The MBTA will be hosting virtual public meetings on February 17 and 24 to answer questions about proposed schedule changes to the commuter rail schedule due to low ridership during the pandemic. [MBTA Public Meetings](#)
- **NEW! MA Launches 2-1-1 to Help Seniors:** Seniors ages 75+ can now dial 2-1-1 for assistance booking appointments at COVID-19 mass vaccination sites.
- **NEW! Capacity Changes in MA Businesses:** Effective February 8, restaurants and businesses can increase capacity from 25% to 40%.

Current Vaccine Distribution Timeline: [MA COVID-19 Vaccine Phases](#)





## MANCHESTER-BY-THE-SEA COMMUNITY UPDATES (Continued)

- Volunteer with MA Medical Reserve Corps: Thank you to the residents who have contacted the Town to generously offer volunteer services in the effort to fight COVID-19. The MA Medical Reserve Corp is looking for volunteers at the local level, both medical and non-medical. Click [here](#) to register.
- COVID-19 Vaccine Status: Residents 75 and older are now eligible to receive the COVID-19 vaccine in MA. Appointments are required. Click on the following link to learn more and to book an appointment at a mass vaccination site: [COVID Vaccine](#) MA will continue to add more appointments as vaccine supply is received.
- Annual Report Photo Call: Do you have 2020 photos you would like to share for the Annual Town Report? Please email them to Tiffany Marletta at [marlettat@manchester.ma.us](mailto:marlettat@manchester.ma.us)
- Beach Stickers: 2021 Beach Stickers are on sale online or via mail. Please click [here](#) for complete details and instructions. 2020 Parking Stickers are valid through May 31, 2021. *New rule for 2021! Stickers must be placed inside the front, driver side windshield in the upper left-hand corner.*
- Facts about the COVID-19 Vaccine: [Vaccine Distribution Details](#) [Vaccine FAQ](#)
- COVID-19 Vaccination Questions: You can e-mail questions to [COVID-19-Vaccine-Plan-MA@mass.gov](mailto:COVID-19-Vaccine-Plan-MA@mass.gov)
- Travel Guidance for Arriving in MA: [MA Arrival Travel Order](#). Complaints should be directed to [DPH.COVID.Complaints@mass.gov](mailto:DPH.COVID.Complaints@mass.gov)
- Annual Town Nominations: Interested in running for local office? Nomination papers for Manchester-by-the-Sea's Annual Town Election are available to mail out to candidates—by request. Papers are due by April 1. Complete details can be found [here](#).
- Gathering Size Reminder: The current gathering order allows up to 10 indoors and 25 outdoors. [MA Gathering Order](#)
- Singing Beach Reminder: A mask is required, *at ALL times*, when visiting Singing Beach in accordance with the MA Face Covering Order. Please do not gather in large groups. Each person is limited to a maximum of two dogs.
- MA Quarantine Instructions: The state has updated the quarantine guidelines. If you have been instructed to quarantine, please adhere to the following rules: [Quarantine Instructions](#)
- MA Rolls Back to Phase 3 Step 1: The new restrictions took effect on December 13. Please read the following guidance: [MA Phase 3 Step 1](#)
- Town Hall is Closed to the Public: Town Hall will be closed to the public until further notice. Staff will be available during normal business hours via appointment, phone or email. [Staff Directory](#)
- Allen's Pharmacy COVID-19 Testing Site: Allen's Pharmacy is operating a COVID-19 PCR testing site. Appointments are required and can be scheduled [here](#). Information on Veritas PCR Testing can be found [here](#).
- Face Covering Order for MA: All persons over the age of 5 are required to wear a face covering in all public spaces, indoor and outdoor, regardless of distance. (effective 11/6/20) [Face Covering Order](#)



## MANCHESTER-BY-THE-SEA COMMUNITY UPDATES (Continued)

- MA Carpooling Guidance: Limit the number of occupants, all occupants should wear a face covering, open vehicle windows, clean touch points frequently.
- Licensing is required to operate certain in-home “learning pods” for K-12 students in MA. Please contact the Selectmen’s Office for more information. To read the official guidance please visit [Governor Baker's Order on Childcare During School](#) and [Guidance from EEC and DECE](#).
- Restaurants may only serve alcohol on-site if accompanied by orders for food prepared on-site.
- Business & Workplace Complaints: Residents or employees who wish to take steps to report a business or workplace that is non compliant with reopening standards and protocols may contact: Department of Labor Standards (DLS) [safepublicworkplacemailbox@mass.gov](mailto:safepublicworkplacemailbox@mass.gov), COVID-19 Hotline 211 or the Manchester Board of Health [BOH Complaint Form](#)
- The Manchester Affordable Housing Trust (MAHT), in collaboration with Action, Inc., a Gloucester-based human and social services agency, is offering short-term rental housing and mortgage payment assistance to income eligible Manchester residents in response to job and income loss related to the COVID-19 pandemic. Contact Action, Inc. at 978-282-1000 or live chat at [Actioninc.org](https://www.actioninc.org) for assistance.
- The Manchester Police Department and Council on Aging are assisting residents who need delivery of local groceries and prescriptions. To make a request please contact the Police Department at (978)526-1212.

## MANCHESTER-BY-THE-SEA COMMUNICATION PLAN

All COVID-19 related information will continue to be conveyed to the public through the Town website ([www.manchester.ma.us](http://www.manchester.ma.us)), email alerts, Town social media platforms (Facebook, Instagram, Twitter) and the Manchester Cricket. Residents are encouraged to follow at least one of these mediums to stay informed.

Reverse 911 calls ([Code Red](#)) will be used when necessary.

The Board of Health and Board of Selectmen will update the public daily (as needed) when new guidelines are released from the State or when important changes occur to Manchester-by-the-Sea operations and services.

Would you like to receive important Town notices, such as this, via email? Subscribe to email alerts at [Notify Me](#). Under Alert Center choose “*MBTS Alerts*” (for time sensitive and emergency information) and under News Flash choose “*MBTS News Updates*” (for important MBTS events and updates).

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