



MANCHESTER C.O.A. EVENTS & TRIPS

NOVEMBER

- 11/4 Malls 9:30
- 11/8 Election Day – Vans available for transport to Memorial School to vote
- 11/9 Market Basket trip on Wednesday
- 11/10 Beacon Café @ NSCC \$5+tip 10:15
- 11/11 C.O.A office/Town Hall closed for Veterans Day
- 11/14 Low Vision Meeting @ The Plains 1:30-guest speaker Bob MacGillvary, Low Vision Specialist from the Carroll Center for the Blind.
- 11/16 Couponing Class @ Newport Park 10:00
- 11/18 Walmart 9:30
- 11/23 Market Basket Trip on Wednesday
- 11/24 Happy Thanksgiving – C.O.A. office closed today and Friday 11/25
- 11/30 Mystery Ride 1:00

*****No Lunch of the Month in November*****

*****Look for an early Holiday lunch in December*****

Call C.O.A. for more information or to register (978) 526-7500

MONTHLY MALL SHOPPING
ZUMBA – TUESDAY @ THE CHAPEL
FOOD SHOPPING - THURSDAY
YOGA - WEDNESDAY