



MANCHESTER C.O.A. EVENTS & TRIPS

DECEMBER:

- 12/2 Christmas Tree Shops 9:30
- 12/6 Holiday Lunch of the Month @ The Legion 12:15 Free
- 12/9 Mall 9:30
- 12/10 Holiday Lunch at the M/E Regional High School 11:00-1:00 Free
- 12/12 Low Vision Lunch at Seaport Grille 11:30
- 12/13 Maple Street Café @ Essex Tech \$8 10:30
- 12/14 Holiday Tea at the Trask House 1:30-2:30 Free
- 12/16 Walmart 9:30
- 12/19 Monday Movie Matinee @ Newport Park 1:30 - "Concorde Airport '79"
- 12/21 Trader Joe's 9:30
- 12/26 C.O.A. office/Town Hall closed
- 12/28 Mystery Ride 1:00

JANUARY:

- 1/2 C.O.A office/Town Hall closed
- 1/6 Ocean State Job Lots 9:30
- 1/13 Malls 9:30
- 1/16 Office closed in remembrance of Martin Luther King Day
- 1/20 Trader Joe's 9:30
- 1/27 Walmart 9:30

Call C.O.A. for more information or to register (978) 526-7500

MONTHLY MALL SHOPPING
ZUMBA – TUESDAY @ THE CHAPEL
FOOD SHOPPING - THURSDAY
YOGA - WEDNESDAY
LONGEVITY TRAINING - FRIDAY